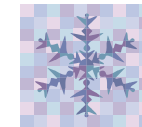




January Activity Calendar 2018



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|---|--|---|
|  | <p>1/1/18</p> <p>9 a.m. Rose Bowl Parade</p> <p>LL—1:30 Bible Study with Pastor Haasch—Lutheran</p> <p>LL—2:30 Movie—”King of Kings” about Jesus</p> | <p>2</p> <p>LL—10:00 Stars & Stripes Fitnesscize Followed by Social Time</p> <p>UL—3:00 Birthday Social <i>(Barb H, Lois M & Dick F)</i></p> | <p>3</p> <p>LL—10:00 Sit Down Dancing Followed by Social Time</p> <p>UL—2:00 Bingo</p> <p>UL—3:30 Origins of January Trivia & Poetry</p> | <p>4</p> <p>LL—10:00 Music ‘n Motion followed by Social Time</p> <p>UL—3:00 Adult Coloring</p> | <p>5</p> <p>LL—10:00 Light & Lively Exercise with Social Time</p> <p>Outing—1:30 Errand Trip</p> <p>UL—3:00 Social Time</p> <p>UL—3:30 History of Epiphany</p> | <p>6</p> <p>LL—3:30 BINGO</p> |
| <p>7</p> <p>UL—2:30 ”Shakespeare In Love”</p> <p>Starring Gwyneth Paltrow, Joesph Finnes, Geoffrey Rush & Colin Firth</p> | <p>8</p> <p>UL—10:00 Light & Lively</p> <p>LL—1:30 Bible Study with Mary Ann—UMC</p> <p>UL—3:00 Elsie on Piano</p> <p><i>Happy Birthday Dick F.</i></p> | <p>9</p> <p>LL—10:00 Stars & Stripes Fitnesscize Followed by Social Time</p> <p>LL—3:00 Celebrating Elvis Presley</p> | <p>10</p> <p>LL—10:00 Sit Down Dancing Followed by Social Time</p> <p>UL 2:00 BINGO</p> <p>UL—3:00 Rummy</p> | <p>11</p> <p>LL—10:00 Music In Motion followed by Social Time</p> <p>UL—3:00 Make Place Mats with Inspirational Words</p> <p><i>Happy Birthday Lois M.</i></p> | <p>12</p> <p>LL—10:00 Light & Lively Exercise with Social Time</p> <p>UL—3:00 Social Time</p> <p>UL—3:30 Bonanza Trivia</p> | <p>13</p> <p>LL—3:30 BINGO</p> |
| <p>14</p> <p>UL—2:30 ”Maid in Manhattan”</p> <p>Starring Jennifer Lopez & Ralph Fiennes</p> | <p>15</p> <p>Martin Luther King Day</p> <p>UL—10:00 Light & Lively</p> <p>LL—1:30 Bible Study with Pastor Haasch</p> <p>UL—3:00pm King—A video of Martin Luther King & his story</p> | <p>16</p> <p>LL—10:00 Stars & Stripes Fitnesscize Followed by Social Time</p> <p>UL—3:00 Poetry with Specialty Hot Teas or Hot Cocoa</p> | <p>17</p> <p>LL—10:00 Sit Down Dancing Followed by Social Time</p> <p>UL—2:00 Bingo</p> <p>UL—3:30 Midwinter Memories</p> | <p>18</p> <p>LL—10:00 Music ‘n Motion</p> <p>LL—10:45 Pastor Sandness</p> <p>UL—3:00pm CD & discussion on “Take Flight“ Relaxing Part I</p> | <p>19</p> <p>LL—10:00 Light & Lively Exercise with Social Time</p> <p>Outing—11:30 Perkins</p> <p>UL—3:00 Social Time</p> <p>UL—3:30 Book Exchange for Nat’l Book Week</p> | <p>20</p> <p>LL—3:30 BINGO</p> |
| <p>21</p> <p>UL—2:30 ”The Adventures of the Wilderness Family”</p> <p>Starring Robert Logan & Susan Damante Shaw</p> | <p>22</p> <p>UL—10:00 Light & Lively</p> <p>LL—1:30 Bible Study with Laura—Our Savior’s</p> <p>UL—3:00 Video & discussion “On the Edge of the Wind” -Relaxing Part 2</p> | <p>23</p> <p>LL—10:00 Stars & Stripes Fitnesscize Followed by Social Time</p> <p>UL—3:30 Making Pies for National Pie Day</p> | <p>24</p> <p>LL—10:00 Sit Down Dancing Followed by Social Time</p> <p>UL—2:00 Bingo</p> <p>UL—Do puzzles for National Puzzle Day</p> | <p>25</p> <p>LL—10:00 Music ‘n Motion followed by Social Time</p> <p>UL—3:30 Geography Game</p> | <p>26</p> <p>LL—10:00 Light & Lively Exercise with Social Time</p> <p>UL—3:00 Social Time</p> <p>UL—3:30 Funny Little Trivia's</p> | <p>27</p> <p>LL—3:30 BINGO</p> |
| <p>28</p> <p>UL—2:30 ”Top Gun”</p> <p>Starring Tom Cruise & Kelly McGillis</p> <p><i>Happy Birthday Barb H.</i></p> | <p>29</p> <p>UL—10:00 Light & Lively followed by Social Time</p> <p>LL—1:30 Bible Study TBA</p> <p>UL—3:00 Kings in the Corner</p> | <p>30</p> <p>LL—10:00 Stars & Stripes Fitnesscize Followed by Social Time</p> <p>UL—3:00 Resident’s Council Meeting</p> | <p>31</p> <p>LL—10:00 Sit Down Dancing Followed by Social Time</p> <p>UL—2:00 Bingo</p> <p>UL—3:30 Backwards Day Party</p> | <p>Exercise is held on the lower level unless otherwise noted. Join us and get those joints and ligaments loosened. Following is social time & fellowship.</p> | <p>Sandstone Manor Assisted Living Come Join Us!</p> |  |