

# Sandstone Times

May 2019



## What's New at Sandstone Senior Living?

### Do you hear that... its Summer knocking on the door!!

With the change of seasons—comes changes in the activity calendar! Summer is coming! The snow is gone, the temperatures are warming up and the flowers are blooming! You may also see some changes to our activity calendar in May!

- We will be starting a **Walking Club** Thursday mornings at 10am to take a walk and enjoy the sunshine and warmer temperatures, and get some exercise! (Weather permitting)
- Don't forget the Scrapbooking Club ~ We will be putting together 2 pages each month for you to use or give to a loved one!
- And last, but not least... Thursday's after Walking Club, we will meet in the LL and have Coffee Club! Join us for special flavored coffees ~ and drawing from a hat for topic of that day!



***Mother's Day is coming! We will be having a light dinner social on FRIDAY, MAY 10th from 4:30 to 6:00pm. Please let me know if you will be able to join us in celebrating Mom's! Please RSVP by Monday April 29th!***



~ Angie

## Happy Memorial Day!

"Veterans are a symbol of what makes our nation great, and we must never forget all they have done to ensure our freedom."

~ Rodney Frelinghuysen

We are blessed to have 9 Veterans living with us! Dick F., Lavina R., Tom W., Paul C., Howard J., Marguerite O., Dick J., Otis C., and Bob H. Thank you for your service!



Please plan to attend "Coffee & Cookies with the VFW", on Wednesday, May 8th at 3:00 in the Upstairs living area.



## We are blessed with our Nurses at Sandstone Senior Living! Happy Nurses Day Connie & Lelia!

Connie, being able to balance 2 hats as Administrator and Nurse with so much compassion and love is such a blessing.

Lelia's compassion for our residents, and the knowledge she shares with our caregivers is invaluable!

We can't thank both of you enough for all you do for our Sandstone caregivers and our residents!!!

**Happy Nurses Day!**



# April Memories at Sandstone Senior Living

## Volunteer Appreciation Social



## March Birthday Celebration!

*Happy Birthday to Esther H, Don S and Kat K!*

## Easter Egg Dying with the 4 H Kids!



- \*1st: May Day Basket craft!
- \*2nd: UL 3:00 Birthday Social with Arne and his harmonicas!
- \*3rd: UL 3:00 Come choose your Kentucky Derby Horse!
- \*6th: LL 3:00 Rootbeer Floats & National Nurses Day
- \*8th: UL 3:00 Coffee & Cookies with the VFW. All veterans are invited!
- \*9th: UL 3:00 Manicures!



*Join Us For The Upcoming Activities/Events!*

- \*10th: LL 4:30 Mother's Day Meal **Please let me know by May 6th if you can join us!**
- \*13th: Elsie is here to play music!
- \*14th: 3:00 Special Guest Speakers for Senior Health & Fitness Month
- \*15th: UL & LL 10:00 1st graders stop by to read to us!

- \*16th: 3:00 Fair Trade Day ~ Mona from Ventana stops by to show us items from India!
- \*17th: 1:15 Let's shop at Walgreens!
- \*21st: UL 3:00 Scrapbook Club
- \*22nd: UL 3:00 Memorial Day Craft
- \*23rd: UL 3:00 Manicures!
- \*28th: LL 3:00 Resident Council
- \*31st: 1:15 Outing to the Western Heritage Museum!

## **Sandstone Senior Living**

Roberta E ~ May 12th  
Soila Z ~ May 23rd  
Holly S ~ May 24th  
Ray B ~ May 30th



***Mark Your Calendars!***

***It's Time to Celebrate  
our May birthdays!!***

***When: Thursday, May 2nd @ 3:00 pm***

***Where: UL Dining Room***

***What: Treats, Coffee and Entertainment  
with Arne!***



## **Introducing: The Wall of Stars**

Attention all Caregivers, Residents,  
Visitors and Family Members ...



If you see a caregiver going above and beyond the "call of duty"... here is your chance to give them a shout out! The Wall of Stars is located in the UL at the top of the stairs

### The rules are easy:

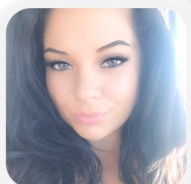
1. Witness a caregiver being awesome
2. Grab a star and fill it out
3. Give the star to Connie or Angie

The last day of the month a Star will be randomly drawn to win:

- ⇒ A Gift Certificate
- ⇒ Be highlighted in the next newsletter
- ⇒ AND will proudly hold the title of "Star of the Month"

## ***Meet our Newest Caregiver!***

***Welcome to our Family, Jessica M!***



Jessica was born in Birmingham, Alabama, but raised right here in Belle Fourche.

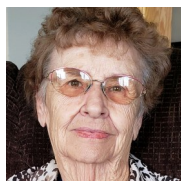
She has been busy the past year with her baby boy, Micah (1 year old), and her 6 year old cat Stassi. She chose to become part of our Sandstone family because she wants a more rewarding and fulfilling career.

Welcome, Jessica!! We are glad you are here!



**Welcome to our new Resident!**

Roberta E.



Roberta comes to us with a big, happy, full of love family~ she has 13 children, 41 grandchildren and 28 great-grands! She was born in Cadillac, SD, and lived in Bowman, ND. She and her husband moved to Baker, MT and raised their children. A favorite quote of hers that she and her family lives by is "Spreading the Goodness"! She enjoys painting and playing cards!

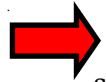




# Good to Know Info

## Just a reminder!

Don't forget to attend the Resident Council Meeting,  
Tuesday May 28th, 3:00pm Upper Level



Take a look at the bulletin boards on both levels—Sign up sheets and information on upcoming outings are posted there, as well as the monthly calendar. This is your board ~ if there is something you would like added, let me know! If you have a family member or event you would like share, feel free to add it!



Have an idea or thought you would like to share? Did you know there are suggestion boxes by both the main door upstairs and downstairs? We will discuss all suggestions at the next Resident Council Meeting.

## Daily/Weekly Activity Reminders:

- \* Exercise is EVERY weekday morning at 10:00 am ~ the menu board will remind you of what level to join us on!!! **STARTING MAY 2ND We will be starting a Walking Club on Thursday mornings, 10:00am!**
- \* Join us on the Lower Level every Monday at 1:30 for a Bible Study (And Communion is the 3rd Thursday at 10:45am on the Lower Level)
- \* BINGO!! Every Wednesday at 2:00 pm (UL) and Saturday at 3:30pm (LL)! Fun and prizes!!
- \* You asked for it! **NOW!!** Ice Cream Social on the 1st Monday and don't forget Manicures are now 2 times a month!
- \* Happy Social Hour EVERY Friday at 3:00pm— Join us for socializing and storytelling with your Sandstone Senior Living Family!

Do you have any ideas, thoughts, questions? Please feel free to reach out to me!! I am open to try new things—This is your newsletter and I want to provide you the best information possible!!

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Email: [abesler@sandstonesd.com](mailto:abesler@sandstonesd.com)



Want to make someone's day?  
Drop a note in the Happiness Jar and we  
will hang it on the bulletin boards!



# Be on the lookout for the May newsletter!