

## What's New at Sandstone Senior Living?



Just like that... summer is almost over, the leaves will be turning, and before we know it the temperatures will be dropping! Fall is my favorite time of year! We have a lot of fun events coming up in September!

Grandparents day is coming up~ please plan to stop in and watch a movie with all of our grandparents! And it's that time of year, The Annual Resident and Family Picnic! Don't forget National Assisted Living Week (September 8th-14th). This year we have an open house planned to welcome our community in to see what great things are happening here, and to meet our caregivers! If you are around, stop in (September 12th from 3-5pm!) Lastly, we are going to take a drive up Spearfish Canyon towards the end of the month to see the leaves changing colors! ~ *Angie*



### September Birthday Celebration!

**When:** Thursday, August 5th @ 3:00

**Where:** LL Dining Room

### Our September Birthdays:

1st: Mary L!

3rd: Eileen J!

10th : Marguerite O!

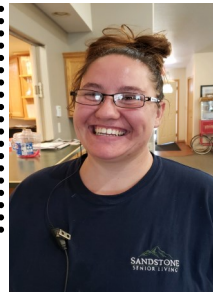
22nd: Phyllis W!

29th: Leila L!

## Rock Star of the Month

### Congratulations Sam S!

Sam is a valued asset to our caregiving team! Her winning star says it all... she "Always takes shifts and goes above & beyond to train people!" And, I can't help but mention that she drives a pretty cool jeep!!



Join Us For The Upcoming Activities/Events!

3rd: Ice Cream Social! Yum!!  
LL 3:00

4th: Manicures UL 3:15

5th: Birthday Social w/Arne  
LL 3:00

6th: Walmart Outing LL 1:15  
Let's Go Shopping!

8th: Happy Grandparents Day  
~ Stop by UL & LL 3:00  
and watch *Charlie & The Chocolate Factory*

9th: Elsie is here! UL 3:00

10th: Alexa Hour! UL 3:00

12th: Open House for Nat'l  
Assisted Living Week.  
3-5pm

16th: Nancy from Sip N Paint  
will be here! UL 2:00 ~  
Join Us!!! Its ONLY \$15!

17th: Outing to Elsie's House  
for Coffee and Goodies!  
LL 2:003

18th: Becca & Buddy Stop By  
UL 10:00 (It's Like Toby  
Tuesday... Only better!)

19th: Communion LL 10:45

19th: Manicures UL 3:00

20th: Join Us For Our Annual  
Resident & Family Picnic  
LL 5:00! All Families &  
Friends invited! RSVP to  
Angie by 9/13

23rd: Oktoberfest LL 3:00

24th: Podiatry is here LL & UL

24th: Our Monthly Resident  
Council Meeting UL 3:00

26th: It's Fall Y'All! Join Us  
For A Bus Trip Through  
The Canyon! LL 1:15

29th: Everyone is invited to a  
Party for Phyllis's 90th  
Birthday!! LL 2:00-4:00!

# August Memories at Sandstone Senior Living

*Happy Birthday  
Otis C, Crystal K,  
Vivian J, and Deb O!*



**Anniversary Celebration for  
Howard & Vivian J  
&  
Dick & Eileen J!**



*Did You  
Know ...  
We Had A  
Pool Party!?*



*We Had Some Fun In the Hot August Sun!*

**Riders for the Cross**



**Hawkins County Crooners!**





## Meet our New Resident!

### Welcome to our Family, Myron S!



Be sure to stop by and say Howdy to Myron! He tells me he was born and raised on a ranch in Harding County. From there, he moved to Deadwood and purchased and ran a hardware store in Deadwood from 1950-1989! Myron was married for 59 years, and has 4 kids, 5 grandkids and 2 great grandkids.

Myron is an avid art collector, he has hundreds of paintings hanging in his house. Rumor has it he loves a good game of Cribbage, so if you are interested, go on downstairs and challenge him to a match!



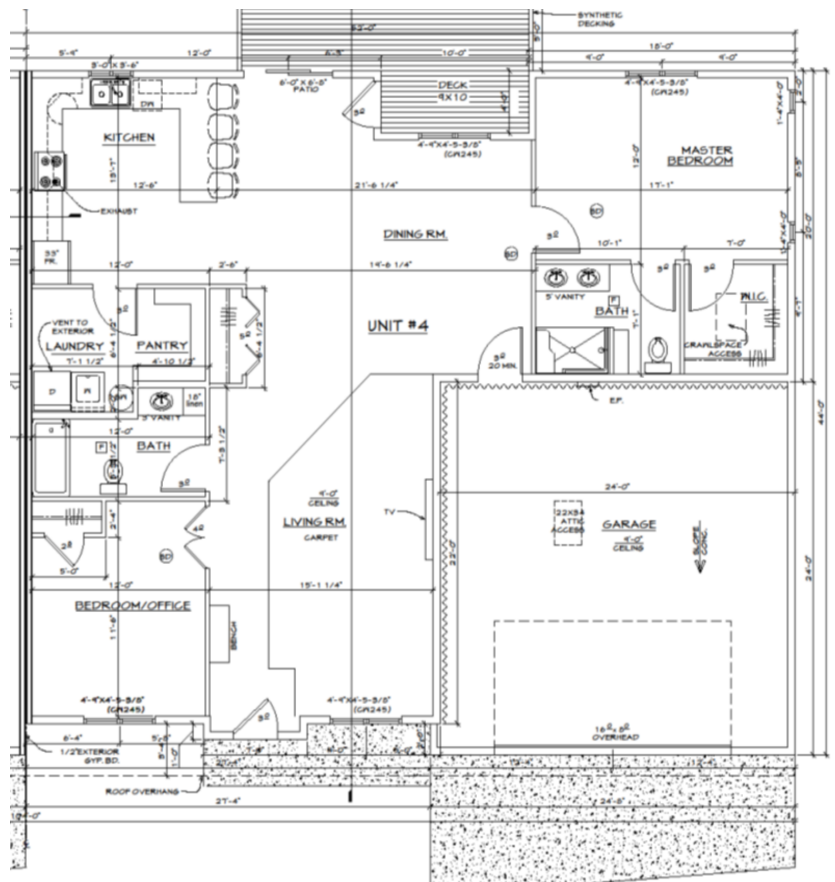
### What's Going On Over In The Village?

Sandstone Senior Living is pleased to announce we are expanding by adding four additional townhomes. With an anticipated completion of early 2020, please join us in welcoming the four new families to our Sandstone family. With this townhome addition we are offering another housing alternative with an "entrance fee" model.

Each unit will include 2 bedrooms, 2 baths and a 2 stall garage. Thank you so much for your patience while these homes are being built. Please let us know if there is anything we can do to ensure your comfort while these new homes are being built. If you have any questions, contact Angie Besler.

Our goal is to offer senior housing with supportive services that creatively meets individual needs, while allowing security and independence.

**Thank you for choosing  
Sandstone Senior Living,  
Jeremy & Dave**





### Save the Date!

Don't forget to attend the Resident Council Meeting,  
Tuesday, September 24th, 3:00pm, Lower Level



**Please remember to take  
a peak at the bulletin  
boards on both floors!  
Updates to the calendar  
are posted there, as well  
as sign up sheets for  
outings and flyers for  
upcoming events!**

### **Don't forget about the WALL OF STARS!**

If you see a caregiver going above and beyond the "call of duty"... here is your chance to give them a shout out! The Wall of Stars is located in the UL at the top of the stairs



#### The rules are easy:

1. Witness a caregiver being awesome
2. Grab a star and fill it out
3. Give the star to Connie or Angie

The last day of the month a Star will be randomly drawn for a prize and the honored title of the Sandstone ROCK STAR OF THE MONTH!

### Daily/Weekly Activities To Keep In Mind:

- \* Exercise is **EVERY** weekday morning at 10:00 am ~ the menu board will remind you of what level to join us on!!! ***We will be getting outside and enjoying the sun with our Walking Club on Thursday mornings, 10:00am! (Weather permitting)***
- \* Join us on the Lower Level every Monday at 1:30 for a Bible Study (And Communion is the 3rd Thursday at 10:45am on the Lower Level)
- \* BINGO!! Every Wednesday at 2:00 pm (UL) and Saturday at 3:30pm (LL)! Fun and prizes!!
- \* You asked for it! Ice Cream Social on the 1st Monday and don't forget Manicures are now 2 times a month!
- \* It's 5 O'Clock Somewhere Social (aka Happy Hour) EVERY Friday at 3:00pm— Join us for socializing and storytelling with your Sandstone Senior Living Family!
- \* **New in September!! We are going to play 2 new games on Wednesdays! Stick around after Bingo and play Farkle & Dealers Choice with us!!**



Have an idea or thought you would like to share? Don't forget to drop them in the suggestion box. There are 2 in our facility....**1 on the UL by the front door, and 1 on the LL by the side door.** We will discuss all suggestions at the next Resident Council Meeting.



# Be on the lookout for the October newsletter!