



MAY ACTIVITIES AT SANDSTONE SENIOR LIVING



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Join us for exercise and socializing every weekday morning at 10am! The menu boards will let you know what level we are meeting on! See you then!

1

LL 10:00 Sit Down Dancing
UL 2:00 BINGO
UL 3:15 May Day Flower Craft

2

LL 10:00 Walking Club
LL 10:30 Coffee Club
UL 3:00 Birthday Social! w/ Arne on Harmonica Roberta E, Soila Z, Holly S, Ray B
Beauty Shop

3

UL-10:00 Light & Lively
UL 3pm Social Hour Cinco De Mayo & Kentucky Derby Horse Choosing!

4

LL 3:30 BINGO
LL and UL 4:30 Kentucky Derby. Wear a big floppy hat! Cheer on your horse!

5

LL 2:00 Church Service
UL & LL 2:30 Netflix Movie & Popcorn
Secretariat

6

UL 10:00 Light & Lively
LL 1:30 Bible Study with Pastor Haasch
LL 3:00 Root beer Floats AND National Nurses Day!

7

LL 10:00 Stars & Stripes
LL and UL Noon Cinco De Mayo Lunch
LL 3:00 Scrabble

8

LL 10:00 Sit Down Dancing
UL 2:00 BINGO
UL 3:00 Coffee & Cookies with the VFW. Visits with our Veterans

9

LL 10:00 Walking Club
LL 10:30 Coffee Club
Outing 1:15 Mad Platter Mug Painting
UL 3:00 Manicures
Beauty Shop

10

UL 10:00 Light & Lively
LL 4:30-6:00 Mothers Day Social and Light Meal

11

LL 3:30 BINGO

12

LL 2:00 Church Service
UL & LL 2:30 Netflix Movie & Popcorn
Julie & Julia
Happy Birthday Roberta E!

13

UL 10:00 Light & Lively
LL 1:30 Bible Study with Mary Ann
UL 3:00 Elsie on the Piano

14

LL 10:00 Stars & Stripes
Dr Riley ~ Podiatry
UL 3:00 Special Speaker Devon Nelson For Senior Health & Fitness Month

15

UL & LL 10:00 1st Graders stop by and read to us!
UL 2:00 BINGO
UL 3:30 Hot chocolate, Chocolate Chip Cookies & Vacation Memories

16

LL 10:00 Walking Club
LL 10:45 Communion
UL 3:00 Fair Trade Day! Mona from Ventana comes to visit with items from India
Beauty Shop

17

UL-10:00 Light & Lively
Outing 1:15 Walgreens
UL 3pm Social Hour & English Muffin Pizza Making for National Pizza Party Day

18

LL 3:30 BINGO

19

LL 2:00 Church Service
UL & LL 2:30 Netflix Movie & Popcorn
Dolphin Tale

20

UL 10:00 Light & Lively
LL 1:30 Bible Study with Pastor Haasch
LL 3:00 Tea and Biscuits for Victoria Day

21

LL 10:00 Stars & Stripes
UL 3:00 Scrapbook Club

22

LL 10:00 Sit Down Dancing
UL 2:00 BINGO
UL 3:30 Memorial Day Craft

23

LL 10:00 Walking Club
LL 10:30 Coffee Club
UL 3:00 Manicures
Happy Birthday Soila Z!
Beauty Shop

24

UL-10:00 Light & Lively
UL 3pm Social Hour & John Wayne's Birthday
Happy Birthday Holly S!

25

LL 3:30 BINGO

26

LL 2:00 Church Service
UL & LL 2:30 Netflix Movie & Popcorn
True Grit

27

UL 10:00 Light & Lively
UL 3:00 Trivia & Crosswords


28

LL 10:00 Stars & Stripes
LL 3:15 Resident's Council Meeting

29

LL 10:00 Sit Down Dancing
UL 2:00 BINGO
UL 3:30 Outdoor Games (weather permitting)

30

LL 10:00 Walking Club
LL 10:30 Coffee Club
UL 3:00 Card Games
Happy Birthday Ray B!
Beauty Shop

31

UL-10:00 Light & Lively
LL 1:15 Outing to the Western Heritage Museum!
UL 3pm Social Hour

