

The Sandstone Spectator

A monthly Newsletter brought to you by your friends & family at Sandstone Senior Living



This year Labor Day falls on Monday, September 5th, 2022 and it's a three day weekend for most! However, did you know that September is filled with Holidays that you may not be aware of? For those of us in the healthcare industry, we would like to bring awareness to September 21st (Page 2).

- September 02 FRI - National Lazy Mom's Day (we can't wait to see your photos of this Holiday!)
- September 05 MON - National Cheese Pizza Day
- September 09 FRI - International Sudoku Day
- September 13 TUE - Positive Thinking Day
- September 17 SAT - Oktoberfest
- **September 21 WED - World Alzheimer's Day** - We invite you to observe this Holiday by wearing purple.

We are challenging you to acknowledge the above September Holidays by taking a photo of yourself honoring any or all of the events. We'll post it to our Facebook page for your family to see! Let's spread cheer and be creative!



SEND YOUR PHOTOS
Text 602-377-8227
Email jdonat@sandstonesd.com



www.sandstoneseniorliving.com

SEPTEMBER 2022



Newsletter Highlights

◀◀◀ Observing September Holidays

 World Alzheimer's Month

Construction & Lawn Update

See Page 4 - September 1st Featured Event

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SEPTEMBER IS WORLD ALZHEIMER'S MONTH

As part of the monthly celebration, the association founded World Alzheimer's Day to be observed each year on September 21. The day aims at raising awareness about the disease, dementia, common symptoms, and risk factors attached to it. The day also raises awareness about the severity of Alzheimer's disease and its causes.

While dementia is a general term, Alzheimer's disease is a specific brain disease. It is marked by symptoms of dementia that gradually get worse over time. Alzheimer's disease first affects the part of the brain associated with learning, so early symptoms often include changes in memory, thinking and reasoning skills. Below are 10 warning signs of Alzheimer's disease from the John Hopkins Alzheimer's Disease Research Center:

- Memory loss
- Difficulty performing familiar tasks
- Problems with language
- Disorientation to time and place
- Poor or decreased judgment
- Problems with abstract thinking
- Misplacing things
- Changes in mood or behavior
- Change in personality
- Loss of initiative



Purple is the Alzheimer's Month signature color, combining the calm stability of blue and the passionate energy of red. Purple makes a statement about the Association and its supporters: both strong and unrelenting in the fight against Alzheimer's disease.

UPDATE: Sandstone Hills Street Repair Project

The contractor at Sandstone Hills Drive has experienced numerous delays while working on upsizing the sanitary sewer main. A new water-main will need to be bored under Colorado Boulevard. This will result in Sandstone Hills Drive continuing to be closed.

Once the City has an estimate on when materials will be delivered and schedules for a subcontractor to bore the casing pipe under Colorado Boulevard, they will have a better estimate of when this work will be completed and re-opened to traffic, but this could result in the closure of Sandstone Hills Drive continuing into the fall.

Additionally, the road construction along Windmill Drive has resulted in damaged irrigation lines that may continue to effect lawn watering for both Sandstone Assisted Living and Sandstone Village Townhomes. Sandstone Senior Living is communicating daily or weekly with the City to actively pursue repair of these areas.

September Activities



Cigar Box Guitar
Demonstration Sept 1
2PM UL Dining Room



"Inventions that Shook the World"
Every Saturday in September
UL Show & Popcorn 2:30PM



Devotions w/ Ella
Every Wednesday
UL 10AM



Book Club
Sept 1, 8, 15 & 22
LL 3:30PM



Library & Downtown
Shopping Outing Sept 8
Load Bus @ 1PM



Fish Hatchery &
Leone's Creamery
Sept 15
Load Bus @ 1PM



Spearfish Canyon
Fall Colors & DQ
Sept 22
Load Bus @ 1PM



Culver's Picnic
Sept 29
Load Bus @ 11:15

For a full list of events, visit
[Newsletter & Calendar](#) on our website
at www.sandstoneseniorliving.com

FLOOR KEY:
UL = Upper Level
LL = Lower Level



WEEKLY ACTIVITY REMINDERS

- Church Service with Pastor Schutz every Wednesday at 1:15pm LL.
- Social Happy Hour every Friday.
- Beauty Shop every THURSDAY in the Manor; make an appointment by calling Donna at 605-269-2280

MONTHLY ACTIVITY REMINDERS

- Last TUES of every month | Monthly Birthday Social - LL 2:30|UL 3:00
- Last THURS of every month | Resident Council Meeting - UL 2:30|LL 3:30

EVENT MEMORIES

August Art Fair Photos

Join the conversation and follow photos of the SSL activities at <https://www.facebook.com/2010Sandstone>



Our "National Night Out" Arts & Crafts Fair turned out to be a beautiful night! Residents enjoyed each other's company, while at the same time we invited the community to enjoy their talents and meet new friends. A special thank you to Vera, Elsie and Heather B. for all of their preparation for this event.

Featured Event - September 1, 2022



Richard Rutherford Biography - As a young boy, Richard built model airplanes, boats, and cars. Additionally, he entered original line drawing and watercolor pieces in local art shows. This affinity for creating matured during his education with courses in drafting, geometry, and physics - leading to a career in civil engineering and construction. Richard also possessed a love of music and began learning to play trombone and piano at the age of thirteen. A classical guitar & lessons followed years later. After retiring, his love of music and the beauty of the Black Hills inspired Richard to create

guitars crafted from cigar boxes recycled as guitar bodies. Cigar box guitars began in America perhaps as early as the 1700s when some immigrants could not afford commercial instruments. Their creativity and desire to make music prevailed and cigar box guitars were the result.

Richard has combined his desire to build, a love of music, and his artistic inclination into the creation of these folk-art instruments. Pleasing to the eye, as well as the ear, they will make music in your arms. *We hope you will join us at 2PM on September 1st at Sandstone Assisted Living for Richard's in person demonstration. Enter through the Red Door on the Main Level.*