
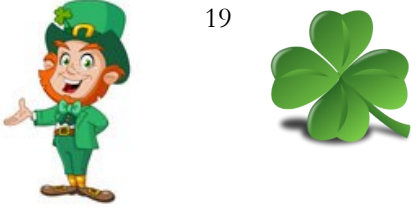





MARCH ACTIVITIES AT SANDSTONE SENIOR LIVING



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Happy Birthday Amanda!	2	3 10:00 Light & Lively Chair exercises 12:00 Flip or Flop 2:30 Happy Hour	4 10:00 BINGO with Bernie 3:00 PM Movie—The Lost City
5	6 10:00 Chair Yoga 2:30 BINGO	7 10:00 Floor Hockey 2:30 pm Craft Time: Mardi Gras Masks	8 10:00 Sit Down Dancing and Social Time 1:15 Pastor Schutz 2:30 BINGO	9 10:00 Chair Yoga 2:30 Craft Time—Make 4 leaf clovers	10 10:00 Light & Lively Chair Exercises 2:30pm Happy Hour 2:30 pm Music with Alvin and Sean	11 10:00 BINGO with Bernie 3:00 PM Movie—The Choice
12 <i>Day Light Savings Time Begins</i>	13 10:00 BINGO 2:30 Monday Manicures	14 10:00 Chair Yoga 3:00 Dominoes and Solitaire	15 10:00 Sit Down Dancing and Social Time 1:15 Pastor Schutz 2:30 BINGO	16 10:00 Chair Yoga 2:30 Craft Time! Birdseed Ornaments	17 10:00am Skip Bo 2:30pm Happy Hour	18 10:00 BINGO with Bernie 3:00 PM Movie—Bruce Almighty
19  Happy St. Patrick's Day	20 10:00 BINGO 2:30 St. Patty's Day Trivia Happy Birthday Sarah K 1st Day of Spring!	21 10:00 Puzzle Time 2:30 Yahtzee	22 10:00 Sit Down Dancing and Social Time 1:15 Pastor Schutz 2:30 BINGO	23 10:00 Chair Yoga 2:30 Skip Bo	24 10:00 BINGO 2:30pm Happy Hour 2:30 Music with Alvin and Sean	25 10:00 Bingo with Bernie 3:00 PM Movie—Definitely Maybe
26 	27 10:00 BINGO 2:30 Monday Manicures	28 10:00 Chair Yoga 2:30 Talks around the fire—topic-Pets	29 10:00 Sit Down Dancing 1:15 Pastor Schutz 2:30 Birthday Social Sarah K Amanda R	30 10:00 Chair Yoga 11:30 Lunch outing weather permitting OR 2:30 House Meeting	31 10:00 Skip Bo 2:30 pm Happy Hour	