



# September Assisted Living Activities at Sandstone Senior Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:30 Weekly Devotions 2:30 Happy Hour and LIVE MUSIC by Alvin	2 10:00 BINGO with Bernie 2:30 Movie: Ernest Goes to Jail
3	4 Labor Day 10:30 Talk about your jobs Story Time 2:30 BINGO	5 10:30 Crosswords with Sean 2:00 BINGO	6 10:30 Chair Exercises	7 10:30 Chair Yoga 2:30 BINGO	8 10:30 Weekly Devotions 2:30 Happy Hour and LIVE MUSIC by Marlin	9 10:00 BINGO with Bernie 2:30 Movie: Jerry MaGuire
	11 Patriots Day 10:30 Chair exercises 2:30 BINGO	12 10:30 Floor Hockey 2:00 BINGO	13 Positive Thinking Day 10:30 Gratitude Circle 2:00 Trivia	14 10:00 Chair Dancing 2:00 BINGO	15 10:30 Weekly Devotions 2:30 Happy Hour and LIVE MUSIC by Alvin	16 10:00 BINGO with Bernie 2:30 Movie: Thicker Than Water
17 2:00 Water coloring with Anna	18 10:30 Chair exercises 2:30 BINGO	19 12:00 Talk like a Pirate Day 2:00 Coloring with Sean	20 10:30 Chair Dancing 2:00 BINGO	21 1:30 Alzheimer's Awareness Poster 2:30 BINGO	22 First Day of Fall! 10:30 World Rose Day Craft 2:30 Happy Hour	23 Happy Birthday Delaine!!! 10:00 Bingo with Bernie 2:30 Movie: Maid in Manhattan
24	25 10:30 Chair exercises 2:30 BINGO	26 10:30 The Floor is Lava 2:30 Birthday Social 9/23 Delaine	27 10:00 Chair Yoga 2:00 Outing with Sean; Center of the Nation	28 10:00 BINGO 2:30 House Meeting	29 10:30 Weekly Devotions 2:30 Happy Hour and LIVE MUSIC by Al-	30 10:00 BINGO with Bernie 2:30 Movie: A Gathering of Old Men